

CURRICULUM VITAE

Ms. Pauline Adhiambo

Education Psychologist

SUMMARY

I am an Educationist and Psychologist with 22 year experience in teaching, teacher management and Counselling. As an educationist, my experience covers both secondary school and teacher training institutions. I have been involved in teacher training for Early Childhood Development and Education Teachers as well as Secondary School teachers. As a Psychologist, I have been engaged in providing counseling and mentorship services at secondary school and tertiary institutions, including university. I have also participated in humanitarian activities as a provider of Psychological First Aid during disaster response missions. My mission is to empower the youth through mentorship and counseling to overcome the debilitating effects of day-to-day psychosocial challenges. My career objective is to do research in the field of adolescent Psychology and learn new and more effective techniques for mentorship and counseling for the youth. My major motivation is in being part of effective teams that meet targets. Besides my profession, I am a thespian, poet, lover of animals and fitness enthusiast.

KEY SKILLS

- Teaching and Training
- Coaching and mentorship
- Youth guidance
- Behavior Change Therapy
- Individual and group counseling
- Facilitation and Training
- Curriculum Development
- Research and Data Analysis
- Proposal Writing
- Staff Development
- Communication and Presentation skills
- Seminar /workshop design and implementation

ACADEMIC/PROFESSIONAL QUALIFICATIONS

- Ongoing: Doctor of Philosophy (Education Psychology). Masinde Muliro University of Science and Technology (2018 to Present)
- Master of Education Psychology. Maseno University (2013)
- Bachelor of Education. Moi University, Maseno Campus (1998)
- Higher Diploma in Psychological Counseling. Kenya Institute of Professional Counseling (2004)
- Diploma in Education Management, Kenya Education Management Institute (2017)
- Advanced Kenyan Sign Language, Kakamega Deaf Association (February, 2021)
- Basic Kenyan Sign Language, Kakamega Deaf Association (2018)
- Strategic Leadership and Management of Higher Education Institutions. Masinde Muliro University of Science and Technology (2017)
- ISO 9001:2015 Training, Masinde Muliro University of Science and Technology (2017)
- Short Course in Parenting Skills. Kenya Institute of Professional Counseling (2004)
- Short Course in Loss and Grief. Kenya Institute of Professional Counseling (2004)
- Basic Computer Packages. United Microcare Systems, Siaya (2004)

WORK EXPERIENCE

2017 - Present

Asst. Student Counselor 1, Masinde Muliro University of Science and Technology- Main Campus

Responsibilities include:

- Head of Students Counseling Section
- Preparation of departmental work plans and quarterly reports
- Coordinating Peer Counsellors training and activities
- Providing group and individual counseling services to staff and students
- Organizing for Student mentorship activities
- Management of counseling records
- Disability mainstreaming
- Alcohol and Drug Abuse prevention programs
- Career Guidance
- Probation
- Collaboration with relevant partners to provide psychosocial support to students

Other current appointments

- i. Member, Students Welfare Committee
- ii. Member of Directorate of Corporate Communications and Marketing Representatives
- iii. Member of Organizing Committee, Careers Week (2018)
- iv. Member of MMUSO Elections Commission
- v. Member, Rattansi Bursary Committee
- vi. Member MMUST Alcohol and Drug Abuse Committee
- vii. Member MMUST International Computer Digital License Committee

2015 -2017: Curriculum Support Officer, Teachers Service Commission- Siaya County

Responsibilities included:

- Supervising curriculum implementation
- Training and sensitization on new trends in the curriculum
- General management of curriculum matters
- Management of co-curricular activities
- Development of curriculum material
- Teacher management
- Initiating and management of partnership with other stakeholders
- Teacher welfare

Other appointments

- i. Member, Early Grade Mathematics (EGMA) monitoring team

2008 - 2015: District Center for Early Childhood Education Lecturer- Teachers Service Commission- Siaya District

Responsibilities included:

- Training of ECD teachers at Diploma level
- Assessment of ECD teacher trainees on attachment
- Development of localized ECD curriculum
- Monitoring and Evaluation of ECD programs within the District
- Community mobilization and sensitization on ECD programs
- Research on ECD related issues within the district

Other Appointment

- HOD Counseling Department- Kisumu DICECE

2004 - 2008: Assistant Teacher, Teachers Service Commission, Barding Secondary School- Siaya District

Responsibilities included

- Teaching of English and Literature
- Preparation of professional documents and records
- Examining students

Other Appointments

- HOD, Guidance and Counseling Department (2003)
- Ag. Boarding Mistress (2002)
- Coach, Volleyball Team
- Patron, Drama and Youth Clubs
- Class teacher
- Member of procurement committee (2007)

CONFERENCES ATTENDED

- i. 1st International Conference on Mental Health at Kisumu Hotel (November, 2018)
- ii. 4th Annual International Conference on the Provision of Quality Education and Training by Society of Education Research and Evaluation in Kenya (SEREK) at Kisumu Hotel in March (2017)
- iii. 1st Pan African International Research Congress on Knowledge Generation and Dissemination, Grand Royal Swiss Hotel, Kisumu (June, 2018)

CONFERENCE PRESENTATIONS/RESEARCH EXPERIENCE

- i. 1st Pan African International Research Congress (2018): Presented a paper entitled “*Prevalence and Correlates of Teenage Sexual Activity among Secondary School Students in Siaya County, Kenya*”
- ii. 1st International Conference on Mental Health (2018): Presented a paper entitled “*School Counselor or Teacher Counselor?*”
- iii. Masters Thesis (2013): Titled “*Prevalence, Awareness Levels and Correlates of Sexual Behavior among Teenage Students in Secondary Schools in Siaya District, Kenya*”

AFFILIATIONS

- i. Kenya Guidance and Counselling Psychological Association (KGCPA): M/no. KGCPA/295/18
- ii. Society of Educational Research and Evaluation (SEREK): M/no. SEREK/M/149/17
- iii. Kenya Universities Professional Counselling Association (KUPCA): M no. KUPCA 43/2019

Previous Affiliations

- i. Maseno University Peer Educators Club (1997)

SCHOLARSHIP AWARDS

- i. Higher Education Loans Board postgraduate scholarship for PHD (2018/2019) Ksh. 450,000/=

COMMUNITY PARTICIPATION

- i. Praise and Worship Leader, Christ Glory Center, Siaya
- ii. Secretary of Youth Ministry, Christ Glory Center, Siaya
- iii. Board member, Yogo Glory Academy, Siaya
- iv. Board member, Seje Academy, Siaya

OTHER WORK EXPERIENCES

- i. Part Time Teaching
 - a. Maseno University, Departments of Psychology (2015-2017)
 - b. Masinde Muliro University of Science and Technology, Department of Education Psychology (2019)
 - c. TEC Institute of Technology (2010)
 - d. Deputy Principal, TEC Institute of Technology, Siaya Campus (2010)
- ii. Kenya National Examination Council
 - a. KCSE Examiner- Paper 101/3 (2004 to 2011)
 - b. Technical Examinations Supervisor (2009 to 2014)
 - c. KCSE Supervisor (2010 to 2015)
- iii. Independent Electoral and Boundaries Commission
 - a. Presiding Officer at the General Elections (2017)
 - b. Presiding Officer at the General Elections (2013)
 - c. Presiding Officer at the Referendum (2010)
- iv. Academic Mentorship
 - a. Sinaga Girls Secondary School- Siaya (2005 and 2006)
- v. NGO's
 - a. Facilitation at AED Four Pillars workshop for ECD teachers (2009)

WORKSHOPS AND SEMINARS

- i. Workplace Prevention for Alcohol and Substance Abuse (2022)
- ii. Student Welfare Staff Training on Substance Use Prevention and Treatment (2022)
- iii. Grief Recovery by Dr. Nancy Martin (2012)
- iv. Kenya Students Christian Fellowship at Tom Mboya Labour College, Kisumu (2003)
- v. International Praise and Worship ASAPH Training, Eldoret (2012)
- vi. Youth Reproductive Health course by Family Planning Private Sector Program, Maseno University, 1997
- vii. Have participated in a number of workshops and festivals for Drama at various levels and in different capacities (2006 to 2019)
- viii. Have participated in a number of curriculum related workshops (2004 to 2017)

UNDERGRADUATE COURSES TAUGHT

- i. Introduction to Counselling- Maseno University
- ii. Drug and Substance Abuse and Rehabilitation- Maseno University
- iii. Introduction to Social Psychology- Maseno University
- iv. Psychotherapies- Maseno University
- v. Introduction to Child Psychology- Maseno University
- vi. Guidance and Counselling- Masinde Muliro University of Science and Technology

ADDITIONAL DETAILS

- Nationality: Kenyan
- Languages: English (Excellent)
Swahili (Excellent)
Kenyan Sign Language (Moderate)
Luo (Excellent)
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REFEREES

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